OUR FIRST ISSUE DEDICATED TO PLUS SIZES

Featured throughout are 8 NSD Stylists who earned a unique experience in our Winnipeg home office in September 2019.
Our Mission
To inspire and empower women to achieve their dreams and create a life by design.

“I personally invite you to become an Independent NYGARD Stylist today.”

NYGÅRD SLIMS
Fashionable high waist eliminates muffin top
Hip compression
Lifts & curves the butt
Eliminates saddle bags
Thigh compression
Elongates the legs

Look good, feel great with our SLIMCURVE TECHNOLOGY™
Every woman deserves the chance to experience how our revolutionary bottoms can transform them.

Pants are out, SLIMS are in!

CONTACT YOUR STYLIST TODAY!
confident

Wardrobe tip: A tailored jacket will help create an hourglass figure.

LUXE Slimcurve Jacket · $99
1X - 3X / #1M4SV440
- 001 black
- 017 red

Grommet Tank · $49
1X - 2X / #1E4288E8
- 020 tamaris navy
- 003 navy

Cross over Tunic · $49
1X - 2X / #1E4288D5
- 025 blue floral

Lace Front Blouse · $69
1X - 3X / #1E4288E2
- 020 tamaris navy

SLIMS Luxe Crochet Hem Legging · $79
1X - 3X / #1L4W11J6
- 001 black

SLIMS 35 Ruched Faux Leather Legging · $79
1X / #1A4Y7180
- 001 black

SLIMS Plaid Jegging with Piping · $89
1X - 3X / #1A4YX1J6
- 107 black white checks

NYGARDStyle.com/15/4

confident is contagious
GET HER LOOK
$207

Fringe IS Fun

Jane D, Director, NS
NSD Fall’19 TREND REPORT
Ask your Stylist for details

 Emerald Body Jewel
Wardrobe Tip: Tucking, knotting or belting will help minimize waist dimensions.

Roll Cuff Shirt - $79
1X - 3X / #3F4XZ6A8
460 indigo cloud leopard

HiLo V-Neck Top - $89
1X - 3X / #3F4XZ6D1
460 indigo cloud leopard

Open Flow Cardigan - $79
1X - 2X / #3A416722
036 heather grey
1X - 3X / #3F4XZ6O1
460 indigo cloud leopard

495 indigo
617 red
001 black

SLIMS Indigo Skinny Jean - $59
1X - 3X / #GE4V7116
001 black

SLIMS Indigo Boot Cut Jean - $59
1X - 3X / #GE4V7163
001 black

NYGARDStyle.com/15/8

NYGARDStyle.com/15/9
Autumn BLUES

Crew Neck Poncho · $69
1X - 3X / #3B45292E
- 403 indigo dye
SLIMS Luxe Denim Skinny Cuff · $69
1X - 3X / #3B425B1D
- 412 dark indigo wash

Ombre Sharkbite Tunic · $69
1X - 3X / #3B44026A
- 413 medium indigo dye
SLIMS Luxe Denim Tuxedo Fray Ankle · $79
1X - 3X / #335B1B23
- 413 dark indigo wash

Paisley Henley Tunic · $59
1X - 2X / #3B426921
- 424 blue paisley
SLIMS 3.5 Ruched Faux Leather Legging · $79
1X / #3A4Y7180
- 621 black

Donna S, Team Leader, ON
Jessica S, Director, ON
Vicky H, SR Nygård Stylist, ON
Deborah D, SR Nygård Stylist, NS

BEST SELLING! Denim Vest - $69
- 100% cotton
- #3F48W4C7

Hi-Lo Plaid Shirt - $79
- 1X - 2X
- #3F4X56A8

SLIMS Luxe Denim Lacey Skinny Cuff - $86
- 1X - 3X
- #3342821LD

Vest PERSPECTIVE

NYGARDStyle.com/15/12

NYGARDStyle.com/15/13
DOWN TO EARTH

NSD Fall'19
TREND REPORT

Ask your Stylist for details

Karen T, SR Nygard Stylist, ON

NYGARDStyle.com/15/15
Wineberry

Cold Shoulder Shirt - $79
1X - 3X / #GF408407
- Navy

Henley Tunic - $69
1X - 3X / #3F4Z76O9
- Black, White, Red

Our Favorite Denim Jacket - $79
1X - 3X / #GE4V7163
- Blue, Indigo

Classic Dolman Tunic - $39
1X - 2X / #3B4W86B9
- Black

SLIMS Indigo Boot Cut Jean - $59
1X - 3X / #GE4V7168
- Black, Blue

SLIMS Indigo Moto Jegging - $59
1X - 2X / #GE4V7169
- Black
BEST Sellers!

Jaynic G, SR Nygård Stylist, ON

Henley - $69
1X - 3X / #3A440321
001 black
SLIMS Indigo Straight Leg Jean - $59
1X - 3X / #GE4V7119
495 blue indigo

Henley Tunic - $69
1X - 3X / #3A442621
191 black white scroll

Henley Tunic - $69
1X - 3X / #3A442621
436 indigo red quilt

Jaynic G, SR Nygård Stylist, ON

Opal Body Jewel
Wardrobe tip: A vertical pattern will give the appearance of added length and height.
IT'S A
Plaid
WORLD

NSD Fall'19
TREND REPORT
Ask your Stylist for details
layering IS lovely
Black & White

Diamond Body Jewel
Wardrobe tip: NYGARD SLIMS 3.5 waistband will eliminate muffin top while accentuating your curves.

SLIMS Luxe Metallic Dot Legging · $79
TX - SX / #3L42C185
- 001 black silver dot

SLIMS 3.5 Classic Legging · $59
TX - SX / #3A47Y708
- 001 black
- 001 charcoal
- 212 coffee

SLIMS 3.5 Piped Racer Legging · $59
TX - SX / #3A47Y731
- 001 black/white

Seersucker Jacket · $99
TX - 2X / #384JB448
- 001 black
- 100 white

Open Flow Cardigan · $79
TX - 3X / #3A416722
- 001 black Silver dot
- 001 charcoal
- 001 black

Color Block Poncho · $79
One Size / #3B416000
- 001 black charcoal

Split Back Tunic · $59
TX - 2X / #2FO425637
- 001 black

Split Hem Tunic · $60
TX - 3X / #3B4F2683
- 001 black

SLIMS Luxe Metallic Dot Legging · $79
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- 001 black silver dot

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Seersucker Jacket · $99
TX - 2X / #384JB448
- 001 black
- 100 white

Open Flow Cardigan · $79
TX - 3X / #3A416722
- 001 black Silver dot
- 001 charcoal
- 001 black

Color Block Poncho · $79
One Size / #3B416000
- 001 black charcoal

Split Back Tunic · $59
TX - 2X / #2FO425637
- 001 black

Split Hem Tunic · $60
TX - 3X / #3B4F2683
- 001 black
Layered Look Cardigan · $48
1X - 3X / #3B4066G9
005 black/white

LUXE Fit & Flare Dress · $109
18 / #1M4SVSA1
001 black

SLIMS Luxe 3.5 White Tuxedo Stripe Legging · $79
1X - 3X / #3MBSY1QA
012 black/white

Gold Studded Caftan · $89
1X - 3X / #3B4S4636
001 black

SLIMS 2.5 Gold Dot Legging · $69
1X - 3X / #3E4SH112
012 black/white
Stylist Price $256* (MSRP $512)

*taxes, fees & shipping extra

Open Flow Cardigan · $79
1X - 3X / #3A447122

Henley Tunic · $69
1X - 3X / #3A445621

BEST SELLING! Denim Vest · $69
1X - 3X / #3F4844C7

HiLo Tee · $39
1X - 3X / #3G4W38O1

Lace Front Blouse · $69
1X - 3X / #37425623

SLIMS 3.5 Piped Racer Legging · $59
1X - 3X / #3A47Y7131

SLIMS 2.5 Skinny with Piping · $69
1X - 3X / #3E4Y7114

SLIMS - Indigo Straight Leg Jean · $59
1X - 3X / #GE47Y7119

SLIMS 3.5 Piped Racer Legging · $59
1X - 3X / #3A47Y7131

SLIMS 2.5 Skinny with Piping · $69
1X - 3X / #3E4Y7114

SLIMS - Indigo Straight Leg Jean · $59
1X - 3X / #GE47Y7119
Warm & Wonderful
ACTION PACK

Faux Suede Fringe Poncho · $89
One Size / #3F1SM641

HiLo V-Neck Top · $59
1X - 3X / #3F4XZ601

Cold Shoulder Shirt · $79
1X - 3X / #3F4Z769

Our Favorite Denim Jacket · $79
1X - 3X / #GF408407

SLIMS 3.5 Classic Straight · $59
1X - 3X / #3A4Y7116

SLIMS 2.5 Bootcut with Piping · $69
1X - 3X / #3E4Y7100

SLIMS Indigo Moto jegging · $59
1X - 3X / #GE4V7168

SLIMS 2.5 Bootcut with Piping · $69
1X - 3X / #3E4Y7100

Warm Classic Dolman Tunic · $39
1X - 3X / #3B4W86B9

Stylist Price $266* (MSRP $532)

*taxes, fees & shipping extra
INDIGO STYLES

- 5-pocket jean style in a cotton-poly knit blend, with a 2.5” contoured waistband
- Higher rise at the back reduces gaping
- NYGÅRD SLIMS Indigo replaces all your ill-fitting denim

THE MOST REVOLUTIONARY PANT IN THE WORLD

LEGGING - 28”/9.5” / $49
XS - XL
PS - PXL
1X - 3X
#3A1Y7166 (only 026, 212)
PS - PXL
#3A0Y7166 (only 001, 212)
1X - 3X
#3A4Y7166 *$59

ANKLE - 28”/13.5” / $49
XS - XL
PS - PXL
1X - 3X
#3A1Y7114
PS - PXL
#3A2Y7114
1X - 3X
#3A4Y7114 *$59

STRAIGHT - 31”/16” / $49
XS - XL
PS - PL
1X - 3X
#3A1Y7116
PS - PL
#3A2Y7116 (001 only)
1X - 3X
#3A4Y7116 *$59

BOOT CUT - 33”/18” / $49
XS - XL
PS - PXL
1X - 3X
#3A1Y7111
PS - PXL
#3A2Y7111
1X - 3X
#3A4Y7111 *$59

SKINNY 31”/13” / $59
NSD value price $49
XS - XL
PS - PXL
1X - 3X
#GE1V7167 (only 001)
PS - PXL
#GE0V7167 (only 001)
1X - 3X
#GE4V7167 *$59

JEGGING - 28”/9.5” / $69
NSD value price $49
XS - XL
PS - PXL
1X - 3X
#GE1V7116 (only 001)
PS - PXL
#GE0V7116 (only 001)
1X - 3X
#GE4V7116 *$59

STRAIGHT 31”/15.5” / $59
NSD value price $49
XS - XL
PS - PXL
1X - 3X
#GE1V7119
PS - PXL
#GE0V7119 (only 001)
1X - 3X
#GE4V7119 *$59

BOOT CUT - 33”/18” / $59
NSD value price $49
XS - XL
PS - PXL
1X - 3X
#GE1V7163
PS - PXL
#GE0V7163
1X - 3X
#GE4V7163 *$59

NYGÅRD SLIMS

NGARDStyle.com/15/32

NYGÅRD Style

NGARDStyle.com/15/33

• 5-pocket jean style in a cotton-poly knit blend, with a 2.5” contoured waistband
• Higher rise at the back reduces gaping
• NYGÅRD SLIMS Indigo replaces all your ill-fitting denim

026 charcoal heather
212 coffee
001 black

001 black

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Hostess Rewards

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<td>$900-$1199</td>
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<td>$600-$899</td>
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<td>$300-$599</td>
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FREE SHIPPING on all orders $75+ & show orders ship direct to customers.

Host a show, try on the latest trends, get valuable wardrobe tips and just have a great time!

You + 3 buying Guests + $300 sales = $100+ in FREE fashion (see reward chart).

When your friends book a show at your show - we’ll give you a $100 product credit to use at their show too!

HOSTESSES get FREE Fashions

HOSTESSES get to CHOOSE!

Choose to use your NYGÅRD Dollars to select FREE Fashion.

OR

At $600+ in sales choose to use your NYGÅRD Dollars towards a Starter Kit and generate an income from your passion for fashion!*

NSD - the choice is yours - our customers make great Hostesses who become great Stylists!

*When applying NYGÅRD Dollars to a Starter Kit, rewards must be applied in full and cannot be split between fashions and kits.
**How to Measure**

**Bust Chest**
Measure under the arms, around the fullest part of your bust.

**Waist**
Measure around your natural waistline. Keep the tape loose.

**Hips**
Measure around the fullest part of the top of your hips.

**Inseam**
Measure from top of inside of thigh to the floor.

**Petite (4.8 - 5.4)**

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**Petite 2.5**

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**Petite 3.5**

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**Find Your Style**

**Bottoms**

**Nygard Slims**

**Regular (5.4 - 5.8)**

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**NYGARDslims.com/15/36**

Here are your measurements... Your measurements will help guide you to your perfect fit!
Accessories shown not sold through NSD

Available while quantities last

Note: NSD reserves the right to correct any errors, inaccuracies or omissions, and to change or update information/pricing at any time without notice.
BODY JEWELS

PEAR JEWEL

FEATURES:
- Narrower Shoulder
- Fuller Bottom
- Smaller Waist

OPAL JEWEL

FEATURES:
- Broader Shoulder
- Narrower Hips
- Fuller Tummy

DIAMOND JEWEL

FEATURES:
- Symmetrical Frame
- Balanced Top to Bottom
- Smaller Waist

EMERALD JEWEL

FEATURES:
- Straight Frame from Top to Bottom
- Hip and Shoulders Balanced
- Almost no Waist

COLOUR LEGEND

NYGARDStyle.com
CUSTOMER CARE: 1-877-469-4273
facebook.com/nygardstyle

Available while quantities last
Accessories shown not sold through NSD
NYGÅRD For Life sponsorships include an annual endowment fund to Cancer Care — a national nonprofit organization that provides free professional support services for anyone affected by cancer.

Through this special fund, Cancer Care is able to bring in world-class researchers to work at the NYGÅRD-sponsored Breast Cancer Tumor Bank. Ultimately, all monies raised through NYGÅRD for Life directly impact breast cancer survivors and further the much-needed research to find a cure.

MARLENE MARCO
ON, Canada – Independent Team Leader

Much has changed in 35 years since my first cancer diagnosis — I’m proud and blessed to be working with a company who puts such massive support into breast cancer research.

VICKY HARRISON
ON, Canada – Independent SR. Nygård Stylist

It is so rewarding to be with a company that supports research into breast cancer, as well as early diagnosis through their mobile units.

VICKY HARRISON
ON, Canada – Independent SR. Nygård Stylist

It is so rewarding to be with a company that supports research into breast cancer, as well as early diagnosis through their mobile units.

LIISA NYGÅRD

“When I found out 2 years ago I had metastasized breast cancer, I didn’t know if I would make it to this year. When my brother found out, he jumped to action. Thank God for my brother. He has helped me with it, and I’m marching to good health. I am a survivor. Thanks to my brother Peter.”